




## Client Testimonial

*"Mindful Healing Counseling helped me rediscover myself. The holistic care and personalized support were exactly what I needed."*  
— Client Testimonial

 (702) 660-5943

## Most Insurances Accepted


Mindful Healing Counseling accepts many insurances, including Medicaid, Medicare, Aetna and more. **We also offer low-cost therapy** options if you don't have insurance.

## Why Partner With MHC?

We're committed to providing a multidisciplinary team!

- **Collaborative Care:** Partner with us to support clients with a seamless referral process.
- **Expertise You Can Trust:** Licensed professionals with diverse specialties and certifications.
- **Flexible Services:** We'll help meet your client's needs.

## Contact Us

 (702) 660-5943

 [info@mhc.vegas](mailto:info@mhc.vegas)

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 [mhc.vegas](http://mhc.vegas)

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Mindful **Healing**  
— COUNSELING —



## HOLISTIC MENTAL HEALTH THERAPY

Providing holistic practices to treat mental & behavioral health and addiction recovery.

Your journey to healing and self-discovery starts with a simple conversation!

Get Started



## Therapy With A Focus On Holistic Practices

Mindful Healing Counseling takes a **whole-person approach to mental health and recovery**. Holistic mental health considers the physical, mental, emotional, and social well-being of every individual.

Our services integrate mental health therapy, behavioral therapy, and addiction recovery to support a journey toward balance and fulfillment.

## Therapists & Psychiatrists That Care

Our team of licensed psychiatrists and therapists truly care about you. We listen to your needs and provide personalized support to help you thrive.

## Why Choose Us?

Our team is dedicated to creating a safe, compassionate environment tailored to your unique needs.

Let us help you embrace your path to healing.



## OUR SERVICES

Compassionate therapy tailored to your needs.

- Child/Adolescent Therapy
- Couples Therapy
- Divorce Therapy
- Family Therapy
- First Responder Therapy
- Group Therapy
- Individual Therapy
- Rx & Prescription Management
- Military Therapy

*"I didn't know where to turn, but Mindful Healing Counseling gave me hope and a path forward. Their care changed my life."*  
— Client Testimonial

## OUR SPECIALTIES

- Trauma & PTSD
- Anxiety
- Depression
- Grief & Loss
- ADHD
- OCD
- Bipolar Disorder

### AND MORE!

**Every person is unique**, which is why we offer specialized therapy services. Whether it be anxiety or PTSD, we offer all types of focused therapy to help you!

## What Is Medication Management For Mental Health?

Effective medication management can improve quality of life and is a critical part of many treatment plans.

Our psychiatrists and therapists work together to help you understand and manage your prescribed medications, ensuring they complement your therapy and overall goals.

Take the stress out of managing your care — we're here to help every step of the way.

